Ch08.03. AnticholinergicMedforEnuresis

Enuresis (bedwetting) is a common problem in children. One (not very effective) treatment for enuresis is desmopressin (antidiuretic hormone), which helps reduce urine production by making the urine more concentrated. Austin et al [1] studied the effect of adding treatment with tolteridine, a long-acting an anticholinergic (ACh) medication, to desmopressin among children with enuresis not responding to desmopressin.

a.) The results section of the paper includes the following sentence:

"After 1 month of therapy, we found a significant reduction in the mean number of wet nights in the combination therapy group receiving long-acting tolterodine, compared with placebo (Fig 2)."



Figure 2 from that paper is reprinted below. Using just that figure, do you agree with how that

Combination therapy with desmopressin and an anticholinergic medication for nonresponders to desmopressin for monosymptomatic nocturnal enuresis: a randomized, double-blind, placebo-controlled trial. Pediatrics. 2008;122(5):1027-32.